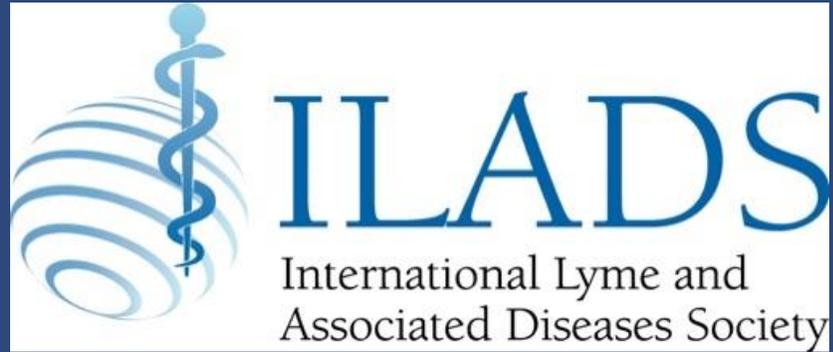


# Tick-Borne Disease Working Group





# Tick-Borne Diseases Working Group

Samuel Shor, MD, FACP  
Chair, Loudoun County Lyme Commission  
Immediate Past President, ILADS  
Associate Clinical Professor  
George Washington University Health Care Sciences

# Lyme Disease Overview

GOALS:

Improvements in  
prevention, detection and outcomes

# Lyme Disease Overview

By illustrating several pivotal CDC promoted dogmatic guidelines contributing barriers to care:

- Diagnostics - “Two Tiered” system
- Concept of chronic Lyme disease
- Use of longer term antibiotics

# Definitions

**Guideline:** information intended to advise people on how something should be done....

**Dogma-** a fixed belief or set of beliefs that people are expected to accept without any doubts

<https://dictionary.cambridge.org/us/dictionary/english>

# The “Two Tiered” System

**Present DOGMA-tending to restrict diagnosis**  
**“highly sensitive”**

Wormser GP, Dattwyler RJ, Shapiro ED, Halperin JJ, Steere AC, Klemperner MS, et al. The clinical assessment, treatment, and prevention of Lyme disease, human granulocytic anaplasmosis, and babesiosis: clinical practice guidelines by the Infectious Diseases Society of America. *Clin Infect Dis* 2006;43:1089–134.

# The “Two Tiered” System

## Alternative interpretation of the literature

on average ~50% sensitive

1. Stricker RB, Johnson L Serologic tests for Lyme disease: more smoke and mirrors. Clin Infect Dis. 2008 Oct 15;47(8):1111-2; author reply 1112-3
2. Chmielewska-Badora J, Cisak E, Wońcik-Fatla A et al Correlation of tests for detection of *Borrelia burgdorferi* sensu lato infection in patients with diagnosed borreliosis. Ann Agric Environ Med (2006) 13:307–311

# The “Two Tiered” System

A disservice to patients when they are told with absolute certainty that Lyme disease “has been ruled out with a negative test”

Virginia Governor’s Task Force on Lyme

“there is no test that can absolutely rule out Lyme disease”

Commonwealth of Virginia The Governor’s Task Force on Lyme Disease  
FINAL REPORT June 30, 2011

# Chronic Lyme Disease

For purposes of this discussion:

A multi-system illness that is the result of an ongoing infection by any of several pathogenic members of the

*Borrelia burgdorferi* sensu lato (*Bbsl*) complex

# Chronic Lyme Disease

**Present DOGMA**>contributing to restriction of care:

“There is no convincing biologic evidence for the existence of symptomatic chronic *B. burgdorferi* infection among patients after receipt of recommended treatment regimens for Lyme disease.”

In essence, chronic Lyme disease does NOT exist

Wormser GP, Dattwyler RJ, Shapiro ED, Halperin JJ, Steere AC, Klempner MS, et al. The clinical assessment, treatment, and prevention of Lyme disease, human granulocytic anaplasmosis, and babesiosis: clinical practice guidelines by the Infectious Diseases Society of America. *Clin Infect Dis* 2006;43:1089-134.

# Chronic Lyme Disease

Alternative interpretation of the literature

Very MUCH exists and likely two forms:

- Post treatment
- Late, undiagnosed

# Chronic Lyme Disease Post Treatment (after IDSA recommended protocols)

## Evidence of Persistence [1-3]

1. Stricker et al. Research Journal of Infectious Diseases 2013, <http://www.hoajonline.com/journals/pdf/2052-5958-1-2.pdf>
2. Embers ME, et al. Persistence of *Borrelia burgdorferi* in rhesus macaques following antibiotic treatment of disseminated infection. PLoS One. 2012;7(1):e29914. Epub 2012 Jan 11.
3. Hodzic E, et al. Resurgence of Persisting Non-Cultivable *Borrelia burgdorferi* following Antibiotic Treatment in Mice. PLoS ONE 9(1): e86907. doi:10.1371/journal.pone.0086907, 2014

# Chronic Lyme Disease Post Treatment

Short-term antibiotics fail in 25%-71% of patients with late stage disease [1-7]

1. Treib J, Fernandez A, Haass A, Grauer MT, Holzer G, Woessner R. Clinical and serologic follow-up in patients with neuroborreliosis. *Neurology*. 1998 Nov;51(5):1489-91.
2. Steere AC, Berardi VP, Weeks KE, Logigian EL, Ackermann R. Evaluation of the intrathecal antibody response to *Borrelia burgdorferi* as a diagnostic test for Lyme neuroborreliosis. *J Infect Dis* 1990 Jun;161(6):1203-9.
3. Dvorakova J, Celer V. Pharmacological aspects of Lyme borreliosis. *Ceska Slov Farm*. 2004 Jul;53(4):159-64.
4. Kaiser R. Clinical courses of acute and chronic neuroborreliosis following treatment with ceftriaxone. *Nervenarzt*. 2004 Jun;75(6):553-7.
5. Berglund J, Stjernberg L, Ornstein K, Tykesson-Joelsson K, Walter H. 5-y Follow-up study of patients with neuroborreliosis. *Scand J Infect Dis*. 2002;34(6):421-5.
6. Valesová H, Mailer J, Havlík J, Hulínská D, Hercogová J. Long-term results in patients with Lyme arthritis following treatment with ceftriaxone. *Infection*. 1996 Jan-Feb;24(1):98-102.
7. Roháčová H, Hancil J, Hulínská D, Mailer H, Havlík J. Ceftriaxone in the treatment of Lyme neuroborreliosis. *Infection*. 1996 Jan-Feb;24(1):88-90.

# Chronic Lyme Disease Late, Undiagnosed

## Documented chronic and late manifestations of untreated, active infection [1-7]

1. Logigian EL, Kaplan RF, Steere AC. Chronic neurologic manifestations of Lyme disease. *N Engl J M*[154ed 1990; 323(21):1438-44.
2. Halperin JJ, Little BW, Coyle PK, Dattwyler RJ. Lyme disease: cause of a treatable peripheral neuropathy. *Neurology* 1987;37(11):1700-6.
3. Broderick JP, Sandok BA, Mertz LE. Focal encephalitis in a young woman 6 years after the onset of Lyme disease: tertiary Lyme disease? *Mayo Clin Proc* 1987;62(4):313-6.
4. Coyle PK. Neurologic aspects of Lyme disease. *Med Clin North Am* 2002;86(2):261-84
5. Fallon BA, Schwartzberg M, Bransfield R, Zimmerman B, Scotti A, Weber CA, Liebowitz MR. Late-Stage Neuropsychiatric Lyme Borreliosis: Differential Diagnosis and Treatment. *Psychosomatics* 1995;36:295-300.
6. Fallon, BA and Nields, JA Lyme Disease: A Neuropsychiatric Illness. *American Journal of Psychiatry* 1994;151:1571-83.
7. Reik L, Steere AC, Bartenhagen NH, Shope RE, Malawista SE. Neurologic abnormalities of Lyme disease. *Medicine (Baltimore)*. 1979;58(4):281-94.

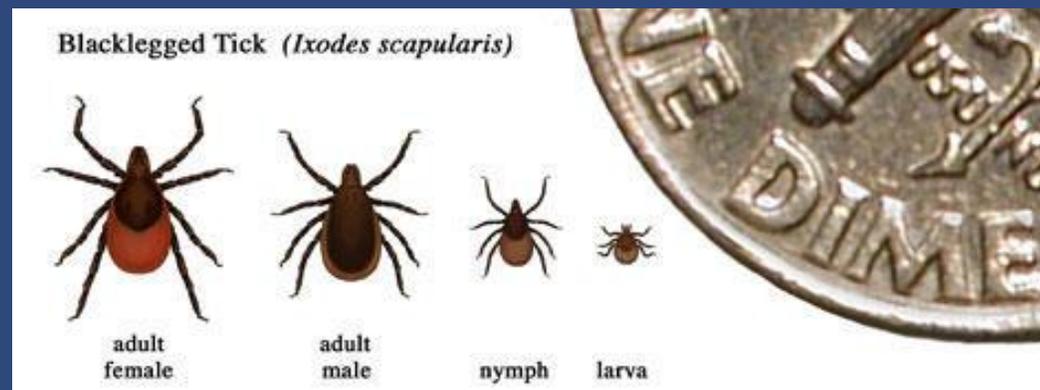
# Chronic Lyme Disease Late, Undiagnosed

## Contributing factors to increased incidence and delays in diagnosis

- Expanding tick exposure risk
  - Contributing to increased incidence of Lyme disease [1]
1. Nelson CA, Saha S, Kugeler KJ, Delorey MJ, Shankar MB, Hinckley AF, et al. Incidence of Clinician-Diagnosed Lyme Disease, United States, 2005-2010. *Emerg Infect Dis* 2015;21(9):1625–31. doi: 10.3201/eid2109.150417.

# Chronic Lyme Disease Late, Undiagnosed

Delays in diagnosis-Unrecognized exposure



- Small vectors > tick bites frequently not noticed [1]
- Hallmark EM rash, frequently absent or misidentified [2,3]

1. Berger BW. Dermatologic manifestations of Lyme disease. 1989;11(Suppl 6):6:S1475-S1481
2. Bacon RM, Kugeler KJ, Mead PS. Centers for Disease Control and Prevention (CDC). Surveillance for Lyme disease - United States, 1992-2006. *MMWR*. 2008; 57:SS 1-10
3. Klempner MS, et al. Two controlled trials of antibiotic treatment in patients with persistent symptoms and a history of Lyme disease. *N Engl J Med*. 2001 Jul 12;345(2):85-92

# Chronic Lyme Disease Late, Undiagnosed

## Delays in diagnosis-Clinical Presentation

- Often common clinical features: *e.g.*, acute “flu like” illness, fatigue, joint pain, headaches, etc. [1]
- The “new ‘great imitator’” [2] “...confused with conditions such as multiple sclerosis, brain tumor, and psychiatric derangements.”

1. Bacon RM Kugeler KJ, Mead PS. Centers for Disease Control and Prevention (CDC). Surveillance for Lyme disease – United States, 1992–2006. *MMWR*. 2008; 57:SS 1-10
2. Pachner AR Neurologic manifestations of Lyme disease, the new “great imitator“ *Rev Infect Dis* 1989 Sep-Oct;11 Suppl 6:S1482-6

# Chronic Lyme Disease Late, Undiagnosed Delays in diagnosis-Co-infections

- “...evidence for increased severity and duration of illness.” [1] Confounding clinical features and likely contributing to management challenges
  1. Krause PJ, Telford SR 3rd, Spielman A, Sikand V, Ryan R, Christianson D, et al. Concurrent Lyme disease and babesiosis: evidence for increased severity and duration of illness. JAMA 1996;275:1657-60.

# Chronic Lyme Disease Late, Undiagnosed

## Delays in diagnosis-Diagnostics

- Poor sensitivity of diagnostic “two tiered” system [1,2]
- In the setting of influential guidelines [3] supported by the CDC, actually promoting a contradictory high sensitivity of this paradigm

1. Stricker RB, Johnson L Serologic tests for Lyme disease: more smoke and mirrors. *Clin Infect Dis*. 2008 Oct 15;47(8):1111-2; author reply 1112-3
2. Chmielewska-Badora J, Cisak E, Woźcik-Fatla A et al Correlation of tests for detection of *Borrelia burgdorferi* sensu lato infection in patients with diagnosed borreliosis. *Ann Agric Environ Med* (2006) 13:307–311
3. Wormser GP, Dattwyler RJ, Shapiro ED, Halperin JJ, Steere AC, Klempner MS, et al. The clinical assessment, treatment, and prevention of Lyme disease, human granulocytic anaplasmosis, and babesiosis: clinical practice guidelines by the Infectious Diseases Society of America. *Clin Infect Dis* 2006;43:1089–134.

# Chronic Lyme Disease Late, Undiagnosed

Contributing factors to delays in diagnosis

CDC recommendations decreasing likelihood for diagnosis

[www.cdc.gov](http://www.cdc.gov):

“Many doctors may not consider tick-borne diseases in diagnosing  
your illness unless you report being bitten by a tick”

But <50% of Lyme disease patients remember that exposure [1]

1. Berger BW. Dermatologic manifestations of Lyme disease. 1989;11(Suppl 6):6:S1475-S1481

# Longer Term Treatment with Antibiotics

Present DOGMA > tendency to restrict care

“There is no benefit of long term antibiotics in Lyme disease”

Wormser GP, Dattwyler RJ, Shapiro ED, Halperin JJ, Steere AC, Klemperer MS, et al. The clinical assessment, treatment, and prevention of Lyme disease, human granulocytic anaplasmosis, and babesiosis: clinical practice guidelines by the Infectious Diseases Society of America. *Clin Infect Dis* 2006;43:1089–134.

# Longer Term Treatment with Antibiotics

Alternative interpretation of the literature

NIH sponsored trials

In sub-cohort analysis, two of the four trials provided evidence for the benefit of prolonged antibiotic treatment in chronic Lyme disease. [1,2]

1. Fallon BA et al. Randomized, placebo-controlled trial of repeated IV antibiotic therapy for Lyme encephalopathy. *Neurology*. 2007 Oct 10
2. Krupp LB, et al. Study and treatment of post Lyme disease (STOP-LD): a randomized double masked clinical trial. *Neurology*. 2003 Jun 24;60(12):1923-30

# Longer Term Treatment with Antibiotics

Alternative interpretation of the literature

NIH sponsored trials

The remaining two NIH trials had serious design flaws [1, 2]

1. DeLong AK, et al. Antibiotic retreatment of Lyme disease: review of randomized, placebo-controlled, clinical trials. *Contemp Clin Trials* 2012; epub ahead of print. <http://dx.doi.org/10.1016/j.cct.2012.08.009>
2. Cameron DJ. Generalizability in two clinical trials of Lyme disease. *Epidemiol Perspect Innov.* 2006 Oct 17;3:12

# Longer Term Treatment with Antibiotics

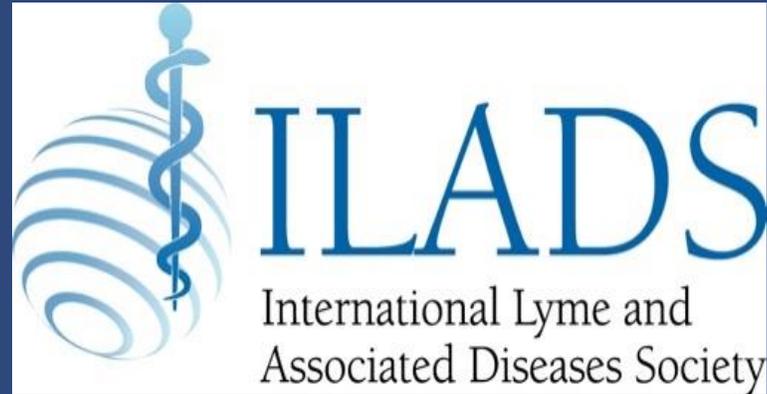
Alternative interpretation of the literature

Four trials that support the benefits of longer term  
treatment

1. Cameron D. Severity of Lyme Disease with Persistent Symptoms. Insights from a double-blind placebo-controlled trial. *Minerva Med* 2008;99:489-96
2. Wahlberg P. et al, Treatment of late Lyme borreliosis. *J Infect*, 1994. 29(3): 255-61
3. Donta ST., Tetracycline therapy for chronic Lyme disease. *Clin Infect Dis*, 1997. 25 Suppl 1: p.S52-6
4. Oksi J et al., Comparison of oral cefixime and intravenous ceftriaxone followed by oral amoxicillin in disseminated Lyme borreliosis. *Eur J Clin Microbiol Infect Dis*, 1998. 17(10): 715-9

# CONCLUSIONS

- There is no place for dogma, particularly in a field for which there remain so many questions
- **NEED** for this working group to maintain an open, balanced interpretation of the literature
- This can then drive more appropriate education to clinicians, the public and governmental agencies
- Goals to improve prevention, detection and outcomes



# Tick-Borne Diseases Working Group

Samuel Shor, MD, FACP

Chair, Loudoun County Lyme Commission

Immediate Past President, ILADS

Associate Clinical Professor

George Washington University Health Care Sciences

# Tick-Borne Disease Working Group



# Tick-Borne Diseases Working Group

Elizabeth Maloney, MD

Partnership for Tick-borne Diseases Education

December 12, 2017

# Focus: Knowledge Gaps

- Prevention
  - Pathogenesis
  - Diagnosis
  - Treatment
- } Lyme disease
- Multiply-infected individuals

# Prevention

- **Reducing exposure**
  - Possible to reduce tick populations size/range expansion?
- **Personal prevention practices**
  - Motivators and barriers?
  - Comparative effectiveness of various practices
- **Post-exposure prophylaxis**
  - Single dose doxy,<sup>1,2</sup> topical azithromycin<sup>3</sup> not highly efficacious
  - Multi-day antibiotic regimens?<sup>4 7</sup> Herbal agents?

<sup>1</sup>Maloney EL. WMJ 2011. <sup>2</sup>Cameron D. Expert Rev Anti Infect Ther 2014. <sup>3</sup>Peisman J. Antimicrob Agents Chemother 2014. <sup>4</sup>Agre F. AJDC 1993. <sup>5</sup>Costello C. J Infect Dis 1989. <sup>6</sup>Shapiro E. N Engl J Med 1992. <sup>7</sup>Zeidner NS. Antimicrob Agents Chemother 2004.

# Pathogenesis

- **Species and strain variations**

- Tissue tropism<sup>1</sup>
- Disease presentation<sup>2</sup>
- Disease severity<sup>3</sup>
- Antibiotic susceptibility<sup>4,5</sup>
  - Conflicting in vitro evidence

- **Host-pathogen interactions**

- Why do some not become ill?
- Cause for wide spectrum of manifestations?
  - Example: Why isn't EM uniformly present?
    - Absence implications?
- What allows for disease latency?
- What triggers reactivation?

<sup>1</sup> Lin Y P. PLoS Pathog 2014. <sup>2</sup> Stanek G. Clin Microbiol Infect 2011.  
<sup>3</sup> Seinost G. Infect Immun 1999. <sup>4</sup> Preac Mursic V. Infection. 1996  
<sup>5</sup> Hunfeld KP. Antimicrob Agents Chemother. 2004

# Pathogenesis

- **Host-pathogen interactions**

- Are morphologic variants/persisters clinically relevant?<sup>1 4</sup>
- Why does the antibody response vary by presentation?<sup>5,6</sup>
- Is the immune response in sustained illness inherently different?<sup>7</sup>
  - Strategic shift from eradication to containment?
- **What are the causes of post-treatment persistent manifestations?<sup>8,9</sup>**
  - How might *B.burgdorferi* survival mechanisms be thwarted?
  - Do inflammatory aspects of immune response continue after bacterial eradication?

<sup>1</sup>Brorson O. Infection 1998. <sup>2</sup>Gruntar I. APMIS 2001. <sup>3</sup>Sharma B. Antimicrob Agents Chemother 2015. <sup>4</sup>Feng J. Front Microbiol 2016.

<sup>5</sup>Dressler F. J Infect Dis 1993. <sup>6</sup>Bacon RM. J Infect Dis 2003; <sup>7</sup>Embers ME. PLoS One 2012.

<sup>8</sup>Cameron D. Expert Rev Anti Infect Ther 2014. <sup>9</sup>Chandra A. Brain Behav Immun 2010.

# Diagnosis

- Need direct tests of infection
  - Immune response is unpredictable
  - Serology is unreliable<sup>1 4</sup>
- Demonstrated clinical (not bench) validity

<sup>1</sup>Tilton RC et al. Clin Infect Dis 1997. <sup>2</sup>Mogilyansky E. Clin Diagn Lab Immunol 2004.

<sup>3</sup>Ang CW. Eur J Clin Microbiol Infect Dis 2011. <sup>4</sup>Cook MJ. Int J Gen Med 2016.

# Treatment

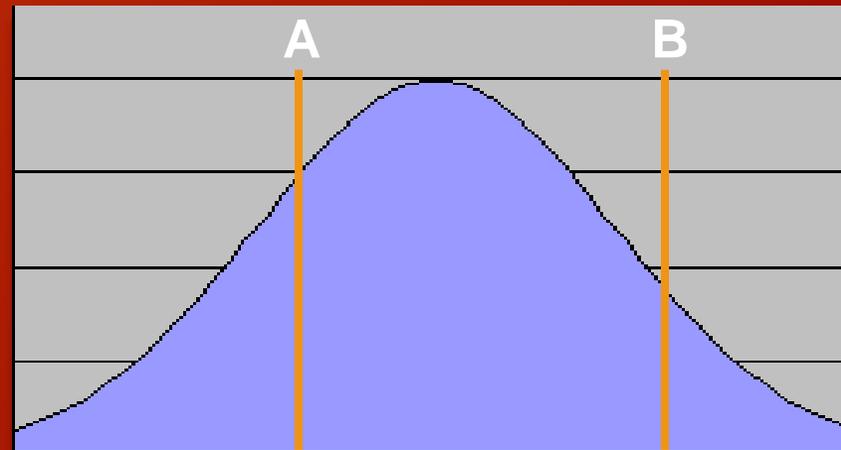
- Absence of high-quality trial data<sup>1,2</sup>
  - Past studies inadequate – too small, design flaws and/or poorly analyzed
- May need to look beyond RCT designs
- Clinical trials may be futile when pathogenesis not understood

<sup>1</sup> Cameron D. Expert Rev Anti Infect Ther 2014.

<sup>2</sup> Hayes E. Clinical Evidence 2004.

# Treatment Effectiveness, a Caution

- Treatment responses are heterogeneous; trials report averages



*“misapplying averages can cause harm, by either giving patients treatments which do not help or denying patients treatments that would help them.”*

Kravitz RL Milbank Q. 2004

# Multiply-infected Individuals

- No treatment trials
- Pathogen-Pathogen synergy?
  - Increased disease severity<sup>1</sup>
  - Decreased antibiotic effectiveness<sup>2</sup>
    - Example: Zeidner study of doxycycline prophylaxis for preventing Lyme  
Effectiveness for *B. burgdorferi* exposure alone – 47%  
Effectiveness for *B. burgdorferi* when  
Simultaneous *B.b* and *A. phagocytophilum* – 20%

<sup>1</sup>Krause PJ. JAMA 1996

<sup>2</sup>Zeidner N. J Med Microbio 2008

# Problematic Federal Activities Related to TBDs

- Prevention Campaigns are limited
- CDC/NIH
  - Perceived biases in Website content, publications, physician education
    - Reflects a particular worldview, not the entire body of evidence
  - Some Publications distort evidence
    - Example: xenodiagnostic paper<sup>3</sup>  
Changed primary endpoint from that reported on [clinicaltrials.gov](http://clinicaltrials.gov)  
Disavowed positive finding of persistent *B. burgdorferi* DNA.

<sup>1</sup><https://www.cdc.gov/lyme/postlds/index.html>.

<sup>2</sup><https://www.niaid.nih.gov/diseases-conditions/chronic-lyme-disease>.

<sup>3</sup>Marques A. Clin Infect Dis. 2014

# Greatest Impact on the Greatest Number

In the here and now:

1. Awareness/Prevention Campaigns

- A. Leveraging what works
- B. Messaging that motivates

2. Provide meaningful physician education

- A. Enough available evidence for changing current practices
  - i. Tick bites; risk stratification for treatment of early Lyme

3. Clean-up websites

- A. Evidence-based information
- B. Neutral analysis/presentation of literature

# Greatest Impact on the Greatest Number

## Future activities

1. Focus on understanding pathogenesis/immune response
2. Development of reliable direct tests for *B. burgdorferi*
3. Development of safe, effective, durable vaccine
4. Sponsor trials reflecting community circumstances and patient concerns
  - A. All patient types, including multiply infected patients
  - B. Patient-centered outcome definitions
  - C. Community available resources



# References

- Maloney EL. The management of Ixodes scapularis bites in the upper Midwest. WMJ. 2011 Apr;110(2):78-85.
- Cameron D, Maloney E, Johnson L Evidence assessment and guideline recommendations in Lyme disease: the clinical management of known tick bites, erythema migrans rashes and persistent disease. Expert Rev Anti Infect Ther 2014 Sep; 12(9): 1103-1135.
- Piesman J, Hojgaard A, Ullmann AJ, Dolan MC. Efficacy of an experimental azithromycin cream for prophylaxis of tick-transmitted Lyme disease spirochete infection in a murine model. Antimicrob Agents Chemother. 2014;58(1):348-51.
- Agre F et al The value of early treatment of deer tick bites for the prevention of Lyme disease. AJDC 1993;147:945-7.
- Costello C et al A prospective study of tick bites in an endemic area for Lyme disease. J Infect 1989;159(1)136-9.
- Shapiro E et al A controlled trial of antibiotic prophylaxis for Lyme disease after deer-tick bites. N Engl J Med 1992;327(25):1769-73.
- Zeidner NS, Brandt KS, Dadey E, Dolan MC, Happ C, Piesman J. Sustained-release formulation of doxycycline hyclate for prophylaxis of tick bite infection in a murine model of Lyme borreliosis. Antimicrob Agents Chemother 2004; 48:2697-9.

# References

- Lin Y-P, Benoit V, Yang X, Martí ´nez-Herranz R, Pal U, et al. (2014) Strain-Specific Variation of the Decorin Adhesin DbpA Influences the Tissue Tropism of the Lyme Disease Spirochete. PLoS Pathog 10(7): e1004238. doi:10.1371/journal.ppat.1004238.
- Stanek G, Reiter M. The expanding Lyme Borrelia complex—clinical significance of genomic species? Clin Microbiol Infect 2011; 17: 487-493.
- Seinost G, Dykhuizen DE, Dattwyler RJ, Golde WT, Dunn JJ, Wang IN, Wormser GP, Schriefer ME, Luft BJ. Four clones of *Borrelia burgdorferi sensu stricto* cause invasive infection in humans. Infect Immun. 1999 Jul;67(7):3518-24.
- Preac Mursic V1, Marget W, Busch U, Pleterski Rigler D, Hagl S. Kill kinetics of *Borrelia burgdorferi* and bacterial findings in relation to the treatment of Lyme borreliosis. Infection. 1996 Jan-Feb;24(1):9-16.
- Hunfeld KP, Wichelhaus TA, Rödel R, Acker G, Brade V, Kraiczy P. Comparison of in vitro activities of ketolides, macrolides, and an azalide against the spirochete *Borrelia burgdorferi*. Antimicrob Agents Chemother. 2004 Jan;48(1):344-7.
- Brorson O, Brorson SH. In Vitro Conversion of *Borrelia burgdorferi* to Cystic Forms in Spinal Fluid and Transformation to Motile Spirochetes by Incubation in BSK-H Medium. Infection 1998;26(3):144-50.
- Gruntar I, Malovrh T, Murgia R, Cinco M. Conversion of *Borrelia garinii* cystic forms to motile spirochetes in vivo. APMIS 2001;109(5):383-8.

# References

- Sharma B, Brown AV, Matluck NE, Hu LT, Lewis K. *Borrelia burgdorferi*, the Causative Agent of Lyme Disease, Forms Drug-Tolerant Persister Cells. *Antimicrob Agents Chemother*. 2015 Aug; 59(8): 4616-4624.
- Feng J, Shi W, Zhang S, Sullivan D, Auwaerter PG, Zhang Y. A Drug Combination Screen Identifies Drugs Active against Amoxicillin-Induced Round Bodies of In Vitro *Borrelia burgdorferi* Persisters from an FDA Drug Library. *Front Microbiol*. 2016 May 23;7:743.
- Dressler F, Whalen JA; Reinhardt BN; Steere AC. Western blotting in the serodiagnosis of Lyme disease. *J Infect Dis* 1993; 167(2): 392 -400.
- Bacon RM, Bickerstaff BJ, Schreifer ME, Gilmore RD, Philipp MT, Steere AC, Wormser GB, Marques AR, Johnson BJ. Serodiagnosis of Lyme Disease by Kinetic Enzyme-Linked Immunosorbent Assay Using Recombinant VlsE1 or Peptide Antigens of *Borrelia burgdorferi* compared with 2-Tiered Testing Using Whole Cell Lysates. *J Infect Dis* 2003; 187:1187-99.
- Embers ME, Barthold SW, Borda JT, et al. Persistence of *Borrelia burgdorferi* in rhesus macaques following antibiotic treatment of disseminated infection. *PLoS One*. 2012;7(1):e29914. Epub 2012 Jan 11. Erratum in: *PLoS One*. 2012;7

# References

- Chandra A, Wormser GP, Klempner MS, Trevino RP, Crow MK, Latov N, Alaedini A. Anti-neural antibody reactivity in patients with a history of Lyme borreliosis and persistent symptoms. *Brain Behav Immun.* 2010 Aug;24(6):1018-24.
- Mogilyansky E, Loa CC, Adelson ME, Mordechai E, Tilton RC. Comparison of Western immunoblotting and the C6 Lyme antibody test for laboratory detection of Lyme disease. *Clin Diagn Lab Immunol.* 2004; 11(5):924-9.
- Tilton RC, Sand MN, Manak M. The western immunoblot for Lyme disease: determination of sensitivity, specificity, and interpretive criteria with use of commercially available performance panels. *Clin Infect Dis* 1997; 25 Suppl 1:S31-4.
- Ang CW, Notermans DW, Hommes M, Simoons-Smit AM, Herremans T. Large differences between test strategies for the detection of anti-Borrelia antibodies are revealed by comparing eight ELISAs and five immunoblots. *Eur J Clin Microbiol Infect Dis* 2011; 30(8):1027-32.
- Michael J Cook, Basant K Puri Commercial test kits for detection of Lyme borreliosis: a meta-analysis of test accuracy. *Int J Gen Med.* 2016;9:427-440.
- Hayes E, MeadP. Lyme Disease Clinical Evidence. 2004;(12)1115-24.
- Kravitz RL, Duan N, Braslow J. Evidenced-based medicine, heterogeneity of treatment effects, and the trouble with averages. *Milbank Q.* 2004; 82(4):661-87.

# References

- Krause PJ, Telford SR, Spielman A, et al: Concurrent Lyme disease and babesiosis: Evidence for increased severity and duration of illness. *JAMA* 1996; 275:1657-60.
- Zeidner N, Massung R, Dolan M, Dadey E, Gabitzsch E, Dietrich G, Levin M. A sustained-release formulation of doxycycline hyclate (Atridox) prevents simultaneous infection of *Anaplasma phagocytophilum* and *Borrelia burgdorferi* transmitted by tick bite. *J Med Microbiol* 2008; 57:463-8.
- <https://www.cdc.gov/lyme/postlds/index.html>.
- <https://www.niaid.nih.gov/diseases-conditions/chronic-lyme-disease>.
- Marques A, Telford SR 3rd, Turk SP et al. Xenodiagnosis to detect *Borrelia burgdorferi* infection: a first-in-human study. *Clin Infect Dis*. 2014 Apr;58(7):937-45.

# Tick-Borne Disease Working Group





# IDSA

Infectious Diseases Society of America

## **Strengthening the Prevention, Diagnosis and Treatment of Lyme Disease**

**Paul G. Auwaerter, MD, MBA, FIDSA**

Clinical Director, Division of Infectious Diseases

Professor of Medicine

Johns Hopkins University School of Medicine

President, Infectious Diseases Society of America

December 12, 2017

# IDSA Commitments

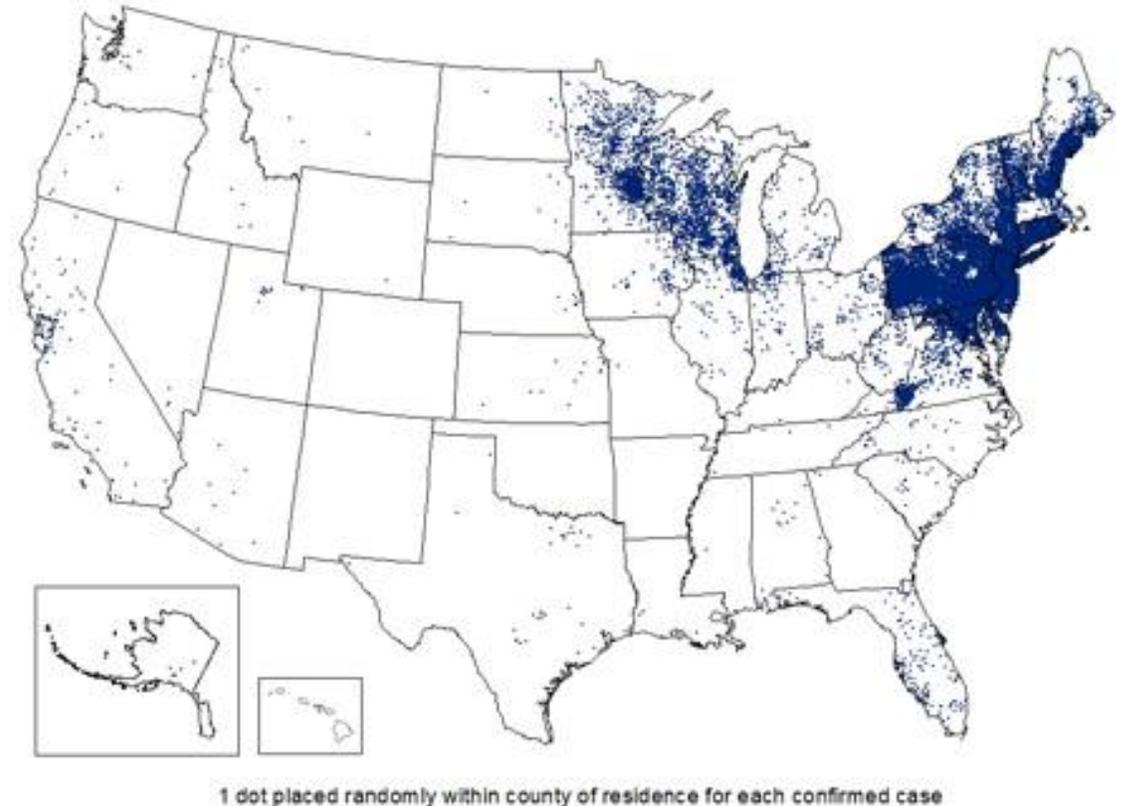
## Evidence-based recommendations regarding tick-borne infections

- Strengthen surveillance
- Improve prevention
- Advance diagnostics
- Ensure all patients receive effective & safe treatment
- Understand mechanisms of persistent symptoms following therapy for Lyme disease
  - To inform useful therapeutic approaches

# Surveillance

**Recommend:** funding increase for CDC Division of Vector-Borne Diseases supported surveillance

- Track Lyme and other tick-borne diseases
  - Especially emerging border regions
- Impact on different populations
- Evaluate interventions to prevent spread of Lyme disease and other tick-borne diseases, also
  - *Borrelia miyamotoi*, *B. mayonii*, Anaplasmosis, Babesiosis and Powassan virus.



CDC, 2016 data

# Prevention

CDC studies with interventions to reduce tick populations failed to change the incidence of tick-borne diseases

## **Recommendation:**

Develop new measures for preventing tick-borne diseases

Backed by robust studies to judge effectiveness.

# Lyme Disease Vaccine: Learning from Past Challenges

- LYMErix: FDA approval (1998)
- Weak recommendation from ACIP/CDC
  - Lack of data in children < 15 yrs
  - Underreporting of Lyme disease
  - Cost concerns & exposure risks
- Unsubstantiated claims vaccine-induced arthritis
  - Market withdrawal by manufacturer (2002)

Source: Plotkin., S. Correcting a Public Health Fiasco: The Need for a New Vaccine Against Lyme Disease. Clin Inf Dis. February 2011.



Hope on the horizon: At least five groups of academic or industry researchers working on Lyme vaccines

# Lyme Disease Vaccine: Ideal Characteristics

- Protect against multiple *Borrelia* species and genotypes in US and Europe
- Provide multi-year protection, require as few doses/boosters as possible
- At least 80% efficacy
- No serious adverse reactions

Such a vaccine should be made standard for active children and active adults in states with endemic Lyme disease.

Source: Plotkin S. Need for a New Lyme Disease Vaccine. NEJM September 8, 2016



# Lyme Disease Vaccine: Economics

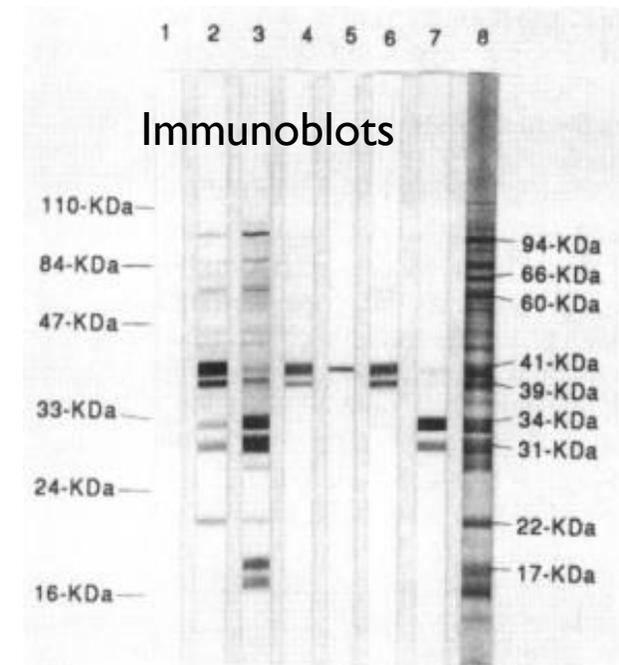
- Vaccine development costly → long-term cost savings/public health improvements
- No likely standard vaccine recommendation for all 50 states
- Education regarding efficacy, safety and target populations

**Recommendation:** Review vaccine candidates, barriers to Lyme vaccine R&D.  
Consider ways to spur incentives for Lyme vaccine R&D.



# Current State of Lyme Disease Diagnostics

- FDA-approved serologic tests remain only well-validated diagnostic method, if erythema migrans absent.
  - Existing molecular and culture-based assays of limited utility.
- The human immune response typically requires weeks for antibody generation against *Borrelia burgdorferi* bacteria.
  - Early Lyme disease is often seronegative.
  - Inherent limitation of antibody-based testing
  - Serology performs well as immune response builds



# Progress in Lyme Disease Diagnostics

NIH and CDC Serum Reference Repository for researchers

- 2011: well-characterized Lyme disease patient histories and related serum samples
  - Allows comparison of newly developed tests compared to existing diagnostics

CDC and others developing next generation direct diagnostic tests and biomarkers

# Lyme Disease Diagnostics: Needs

- Diagnostics and reporting
  - Reduce misinterpretation
  - Lessen false negatives and false positives
- Improved ability to detect early Lyme disease
- Tests that correlate with microbial cure
- Education about using diagnostic Lyme disease tests
  - Especially in endemic and border-endemic (e.g., OH, MI, IN, NC) states
  - Appropriate use and limitations
  - Avoid over-testing, over-diagnosis and over-treatment.

New tests: long lead time, clinical validation = high costs, in often low margin business

- » Working group should consider potential incentives to spur Lyme disease diagnostics development.

# Lyme Disease Treatments

Early Lyme disease: effective, longer duration with no benefit

Doxycycline 10-day

Amoxicillin 14-day

Cefuroxime axetil 14-day

## Sources:

Stupica, D. et. al. Treatment of erythema migrans with doxycycline for 10 days versus 15 days. Clin Infect Dis. 2012

Kowalski, TJ et. al. Antibiotic treatment duration and long-term outcomes of patients with early Lyme disease from a Lyme disease-hyperendemic area. Clin Infect Dis. 2010.

Sanchez E et al. Diagnosis, treatment, and prevention of Lyme disease, human granulocytic anaplasmosis, and babesiosis: A review. JAMA. 2016

# Lyme Disease: Additional Antibiotic Treatment Does Not Help

Persisting symptoms beyond initial treatment for confirmed Lyme disease

Evidence of active infection not found

Additional antibiotics have not proven sufficiently or durably helpful compared to a placebo in multiple randomized placebo-controlled trials

Sources:

*New Engl J Med* 345:85-92, 2001

*Neurology* 60:1923-30, 2003

*Neurology* 70(13):992-1003, 2008

*New Engl J Med* 374:1209-1220, 2016

# Lyme Disease: Dangers of Inappropriate Treatment (2017)

Morbidity and Mortality Weekly Report

## Serious Bacterial Infections Acquired During Treatment of Patients Given a Diagnosis of Chronic Lyme Disease — United States

Natalie S. Marzec, MD<sup>1</sup>; Christina Nelson, MD<sup>2</sup>; Paul Ravi Waldron, MD<sup>3</sup>; Brian G. Blackburn, MD<sup>4</sup>; Syed Hosain, MD<sup>5</sup>; Tara Greenhow, MD<sup>6</sup>; Gary M. Green, MD<sup>6</sup>; Catherine Lomen-Hoerth, MD, PhD<sup>7</sup>; Marjorie Golden, MD<sup>8</sup>; Paul S. Mead, MD<sup>2</sup>

5 patients with complications of new, serious bacterial infections arising due to treatment for chronic Lyme disease: examples

Patient A: Intravenous treatment for chronic Lyme disease, Babesia and Bartonella in woman, late 30s, fatigue, joint pain. Death due to septic shock related to central venous catheter-associated bacteremia.

Patient B: Adolescent girl, muscle/joint pain, lethargy. Long term IV antibiotics through PICC line. Developed *Acinetobacter* infection, requiring ICU stay.

# Lyme Disease Treatment: Research Needs

## Post-treatment Lyme disease Syndrome

- Mechanistic understanding
- Effective therapies to eliminate or reduce

# Tick-Borne Disease Working Group



# Tick-borne Disease Challenges to Public Health

HHS Tick-borne Disease Working Group Meeting  
Tuesday, December 12, 2017



Council of State and Territorial Epidemiologists

# Council of State and Territorial Epidemiologists



- Epidemiologists at state, territorial, local and tribal health departments
- Promotes effective use of epidemiologic data to guide public health practice and improve health
- Supports effective public health surveillance and epidemiologic practice through training, capacity development and peer consultation

## Epidemiologists Linked to Several Essential Public Health Services, Primarily:



1. Monitor health status and burden to identify and solve community health problems
2. Diagnose and investigate health problems and health hazards in the community
3. Inform, educate, and empower people about health issues

# Public Health Authority and Protection of Patient Confidentiality



- Public health has broad authority to collect data to prevent and control disease and protect public health; ([Whalen v. Roe \(1977\)](#))
- State and local health and Sanitary Codes authorize receipt and investigation of reportable disease data
  - Laboratory reporting and electronic laboratory reporting (ELR), case reporting, case and contact investigation and management, outbreaks and “unusual manifestations of disease”
- Health Insurance Portability and Accountability Act (HIPAA) permits protected health information (PHI) disclosure to public health without patient consent
- Confidentiality is rigorously protected by Public Health laws at all times; Information use is limited to the purpose for which it was collected (308(d)of the Public Health Service Act)
- Information that could result in the identification of an individual is not released

# Tick-borne Disease Surveillance



- Lyme disease, anaplasmosis, babesiosis, Powassan virus disease, and other tick-borne diseases
- Helps to monitor both current and emerging disease trends over time and space
- Standardized case definition
  - Specific
    - A counted case is likely a real case
    - Not all cases counted due to clinical diagnosis only (no lab tests), non-reporting, variability in capacity at health departments
- Endemic states have massive burden, most useful in parts of the United States where diseases are emerging
- Risk factor data and development of specific prevention messages
- Platform for research

# Data Driven Prevention Efforts



- Educate health care professionals about the changing distribution of disease and emerging tick-borne diseases
- Educate the public about the importance of tick bite prevention

# What Is Needed



- Better diagnostics, especially for diseases where diagnosis is based on antibody detection rather than pathogen detection
- Improved access to laboratory testing for emerging diseases such as Powassan
- Support for development of public health infrastructure with less focus on disease-specific resources
- Electronic health records and real time disease reporting processes (e.g. electronic laboratory reporting and electronic case reporting) critical to sustainability
- Basic research into methods of effective vector control
- Assistance with outreach to achieve widespread behavioral changes around personal prevention



**CSTE National Office**

2872 Woodcock Boulevard, Suite 250  
Atlanta, Georgia 30341

**T** 770.458.3811

**F** 770.458.8516

[jengel@cste.org](mailto:jengel@cste.org)

# Tick-Borne Disease Working Group

